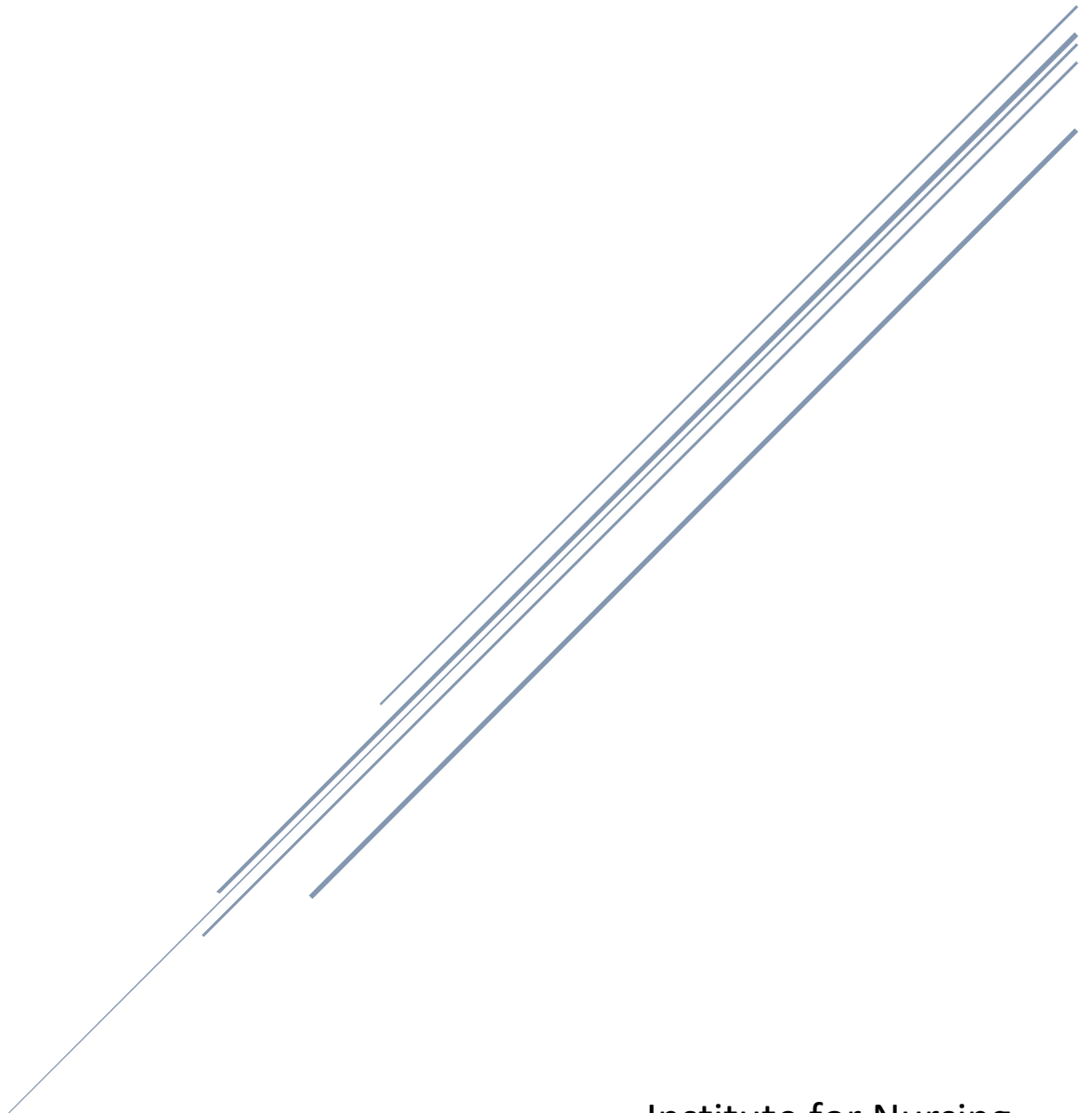


# INSTITUTE FOR NURSING

2023 C.A.R.E.S. Award



Institute for Nursing  
1479 Pennington Road, Trenton, New Jersey 08618



*The Institute for Nursing*  
*Celebrates*  
**THE YEAR OF THE NURSE**

The Institute for Nursing will be hosting the 2023 C.A.R.E.S. Award.” This C.A.R.E.S award for Nursing Excellence honors outstanding nurses who are nominated by their colleagues who have had the opportunity to observe their dedication while forging our profession ahead. Their commitment to nursing and health care through the CARE of people is a tribute to our professional founders and an inspiration to the next generation of nurses.

The C.A.R.E.S. Awards for Nursing Excellence are made in recognition of nursing excellence in five categories:

C – Clinical Practice

A – Administration

R – Research

E – Education

S – Support

Each of the C.A.R.E.S. award recipients will represent the best in their field; their efforts and accomplishments will continue to set the standard of nursing excellence. The Institute for Nursing will congratulate this distinguished group of nurses on April 6, 2023, at the Pines Manor, Edison, New Jersey.

Please help us honor an outstanding nurse by nominating them for the 2023 C.A.R.E.S Award.

The mission of the Institute is our road map, in which we can advance the profession of nursing and impact the communities we serve. The generosity of our supporters illuminates the road.

The Institute continues to nurture the tradition of nursing in New Jersey’s health care systems.

If you have any questions, please don’t hesitate to contact Debra L. Harwell, BA, Deputy Director at [deb@njsna.org](mailto:deb@njsna.org) or by phone at 609-883-5335 x119.

**NOMINATION DEADLINE IS: JANUARY 6, 2023**

Forward completed nomination forms via email to:

Debra L. Harwell, BA, Deputy Director  
Institute for Nursing, 1479 Pennington Road, Trenton, NJ 08618  
[deb@njsna.org](mailto:deb@njsna.org)

**2023 C.A.R.E.S. Award Criteria**

**The Primary Practice Categories and Descriptions are as follows:**

**CLINICAL**

*(RN THAT SPENDS 60% OR MORE OF THEIR TIME PROVIDING DIRECT PATIENT CARE)*

Nominees in this category will have demonstrated excellence in direct care delivery in any clinical setting.

- Created an environment fostering evidence based exemplary clinical practice;
- Demonstrated leadership expertise in the clinical care setting;
- Committed to the implementation of the Standards of Practice and Standards of Professional Performance;
- Applied competent and ethical nursing practice beyond their primary employment setting.

**ADMINISTRATIVE**

*(RN THAT SPENDS 60% OR MORE OF THEIR TIME IN A LEADERSHIP, MANAGER, ADMINISTRATIVE ROLE)*

Nominees in this category will have demonstrated exceptional management of nursing and/or patient care services, such as:

- Demonstrated leadership expertise in the administration of nursing services;
- Developed and utilized a sound fiscal management program;
- Developed an effective nursing administrative system;
- Integrated a nursing theoretical framework into a nursing environment;
- Mentored and incorporated novice nurse administrators into an environment supportive of learning role responsibilities associated with emerging roles of nurse administrators;
- Implemented a nursing theoretical framework.

## **RESEARCH**

*(RN THAT SPENDS 60% OR MORE OF THEIR TIME DOING NURSING RESEARCH)*

Nominees in this category will be nurse researchers who have completed and published basic research which advances nursing, such as: Funded projects are evidence of excellence.

- Conducted distinguished nursing research;
- Published nursing research findings
- Documents scholarly works related to nursing theory and/or nursing research;
- Procured funding resources for nursing research
- Generated nursing research that further expands the case for nursing practice, education, administration, historical perspective, and ethics, for example;
- Incorporated novice nurse researchers in nursing research conducted.

## **EDUCATION**

*(RN THAT SPENDS 60% OR MORE OF THEIR TIME TO EDUCATE OTHER RN'S, STUDENTS OR DIRECT EDUCATION WITH PATIENT OR PATIENT FAMILIES)*

Nominees in this category will be nurse educators teaching at any level who have demonstrated significant contributions to curriculum development, teaching strategies or life-long learning of students and junior faculty, such as:

- Demonstrated excellence in teaching;
- Advanced the science of nursing through clarifying, refining, and/or expanding the knowledge base for nursing;
- Promoted a theory base for nursing curricula and nursing practice;
- Influenced scholarly development in nursing education, practice, and/or research through teaching;
- Influenced the professional practice of nursing and the public's image of nursing through excellence in teaching.

## **SUPPORT**

*(RN THAT SPENDS 60% OR MORE OF THEIR TIME TO SUPPORT NURSES WITH ISSUES OF IMPAIRED PRACTICE)*

Nominees in this category have demonstrated leadership in the support of nurses with issues of impaired practice as a result of substance use disorders and mental health challenges. They have supported the nursing profession by:

- Creating positive and supportive practice environments
- Supporting early recognition and intervention
- Supporting a *Just Culture* workplace that allows nurses to seek treatment and offer monitored return to work without loss of benefits, tenure, and/or seniority

Supporting educational programs about impaired practice, *Alternative to Discipline* policies and the Institute for Nursing's Recovery and Monitoring Program (RAMP)

## **NOMINATION AND SELECTION PROCESS**

### **1. Your Selection:**

- a. Choose a Nurse who exemplifies excellence in nursing
- b. Gather as much information on the Nominee as possible to be thorough
- c. Information entered in the nomination form and narrative section should be recent from within the past 5 years.

### **2. Nomination Form:**

- a. **All fields on the Nomination Form are mandatory.**
- b. Once submitted, you will receive email confirmation that your nomination has been received
- c. Resumes, published articles, copies of nominations for other awards such as hospital excellence awards will not be considered in lieu of the Nomination Form. (DO NOT SUBMIT)

### **3. Narrative Sections:**

- a. We recommend you use a paragraph format verses bulleting the information.
- b. There is a 300-word limit for each Narrative Section.
- c. Narrative Section (Give specific, detailed examples of what the Nurse does that is above and beyond what is expected of the nominee.
  - i. **Professionalism** - The Nurse who promotes and advances the profession of nursing in a positive way in the practice setting and/or in the community; actively seeks ways to support nurses; and collaborates effectively with all levels of health care providers.
  - ii. **Integrity/Honesty** - A nurse who demonstrates integrity, respectability and ethical soundness by accepting responsibility and accountability for his/her nursing practice.
  - iii. **Commitment** - A nurse who seeks out opportunities to serve patients, families and colleagues; follows through on projects to completion
  - iv. **Caring** - A nurse with knowledge, positive communication skills, self-awareness and development, patience, honesty, trust, humility, hope and courage. One who is involved in the process of helping another person grow and actualize her/himself.
  - v. **Dynamism** - A nurse who dynamically impacts outcomes in the practice setting and/or community through innovation and enterprising healthcare initiatives
- d. **Outstanding Sentence** - If your nominee were chosen, in one sentence what makes this person an outstanding nurse?

# C.A.R.E.S Award Nominations Form

## 1. Nominee Information

First Name: \_\_\_\_\_  
(Print Clearly)

Last Name: \_\_\_\_\_  
(Print Clearly)

Nominee's Credentials: \_\_\_\_\_  
(Print Clearly)

Nominee's Address: \_\_\_\_\_  
(Print Clearly)

Address 2: \_\_\_\_\_  
(Print Clearly)

City : \_\_\_\_\_ State : \_\_\_\_\_ Zip : \_\_\_\_\_  
(Print Clearly) (Print Clearly) (Print Clearly)

Nominee's Phone Number: \_\_\_\_\_  
(Print Clearly)

Nominee's Email Address : \_\_\_\_\_  
(Print Clearly)

Nominee's Place of Employment: \_\_\_\_\_  
(Print Clearly)

Employment Address: \_\_\_\_\_  
(Print Clearly)

City : \_\_\_\_\_ State : \_\_\_\_\_ Zip : \_\_\_\_\_  
(Print Clearly) (Print Clearly) (Print Clearly)

Nominee's Title : \_\_\_\_\_  
(Print Clearly)

Is the nominee a member of NJSNA? Yes \_\_\_\_\_ No \_\_\_\_\_ Not Sure \_\_\_\_\_

2. **AWARD** (*PLEASE CHECK APPROPRIATELY*)

- Clinical Practice
- Administration
- Research
- Education
- Support

3. **NOMINATOR INFORMATION** (*NOMINATED BY*)

First Name: \_\_\_\_\_  
(Print Clearly)

Last Name: \_\_\_\_\_  
(Print Clearly)

Nominator's Place of Employment: \_\_\_\_\_  
(Print Clearly)

Address 2: \_\_\_\_\_  
(Print Clearly)

City : \_\_\_\_\_ State : \_\_\_\_\_ Zip : \_\_\_\_\_  
(Print Clearly) (Print Clearly) (Print Clearly)

Nominator's Phone Number : \_\_\_\_\_  
(Print Clearly)

Nominator's Email Address : \_\_\_\_\_  
(Print Clearly)

Relationship to Nominee : \_\_\_\_\_

For how long : \_\_\_\_\_

Are you a member of NJSNA ? Yes \_\_\_\_\_ No \_\_\_\_\_



4. **NOMINATION FORM CHECK-OFF LIST** *(Forms will not be reviewed if information is missing)*

---

- All fields on Nomination Form completed and legible
  - Contact Information
  - Phone Numbers
  - Email Address
  
- Narrative in paragraph format

*(Describes how the nominee demonstrates the spirit of the CARES Award with detailed, specific examples **based on the Criteria delineated**. Highlight relevant contributions to the nursing profession, health and well-being of society. The narrative should include evidence as to how the nominee embodies nursing excellence in the chosen award category.*
  
- How nominee meets the award criteria
  - Professionalism
  - Integrity/Honesty
  - Commitment
  - Caring
  - Dynamism
  
- Outstanding Sentence

5. **Organizational/Agency/Foundation Support**

**PROVIDE COMPLETE CONTACT INFORMATION** for any institutions or groups that would financially support the nominee. Support may be in the form of purchasing tables for the event, advertisements in the Program Book, or any other support of the evening's events (flowers, awards, photographer).